Resident Name: _____ Apt#: _____

Michigan House Senior Living
November 2026
LUNCH 12:00 - 1:00

SUBSTITUTIONS: #1-Peanut Butter & Jelly Sandwich #2-Hamburger #3-Grilled Cheese Sandwich #4-Macaroni & Cheese #5-Turkey Sandwich #6-Bowl of Soup with Crackers #7-Beef Hot Dog #8-Grilled Chicken Sandwich

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Turn Clocks Back 1 Hour Chicken Breast Augratin Potatoes Green Peas Cheesecake week 3	**2** Beef Tips over Egg Noodles Glazed Carrots Tropical Fruit	**3 Election Day** Stuffed Cabbage Garlic Mashed Potatoes California Veggies Mandarin Oranges	**4** Chicken Kiev Roasted Potatoes Steamed Broccoli Fruit Cocktail	**5** Beef Fritter with Brown Gravy Scalloped Potatoes Asparagus w/ Bacon Pears	**6** Baked Salmon Redskin Potatoes Key West Vegetables Cookies	**7** Rotini & Meatsauce Green Beans Dinner Roll Lemon Meringue Pie
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
8 Turkey Pot Roast Baked Sweet Potatoes Peas Cream Puffs	**9** Breaded Pork Cutlet w/Country Gravy Mashed Potatoes Carrots Baked Apples	**10** Macaroni & Cheese Stewed Tomatoes Dinner Roll Ice Cream Sandwich	**11 Veteran's Day** Baked Chicken Breast Roasted Potatoes Brussel Sprouts w/Parmesan Cheese Key Lime Pie	**12** Spaghetti & Meatballs Italian Green Beans Garlic Toast Italian Ice	**13** Filet O' Fish Sandwich French Fries Coleslaw Chocolate Eclairs	**14** Sweet & Sour Meatballs White Rice Oriental Veggies Blushed Pears
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
15 Buttermilk Biscuit & Sausage Gravy Scrambled Eggs Orange Wedges	**16** Turkey Tetrazzini Green Beans Dinner Roll Peaches	**17** Country Fried Steak w/Country Gravy Mashed Potatoes Corn Tropical Fruit	**18** Swedish Meatballs Buttered Egg Noodles Carrots Mandarin Oranges	**19** Meatloaf Baked Potato Mixed Vegetables Fruited Jello	**20** Parmesan Tilapia Garden Rice Brussel Sprouts Carrot Cake	**21** Salisbury Steak O'Brien Potatoes Normandy Blend Vegetables Pineapple Tidbits
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
22 Chicken Cordon Bleu Mashed Sweet Potatoes Mixed Veggies Cheesecake	**23** Vegetable Lasagna Italian Green Beans Garlic Toast Cookies	**24** BBQ Chicken Breast Yellow Rice Asparagus Cinnamon Applesauce	**25** Glazed Ham Steak Au Gratin Potatoes Key West Vegetables Pears	**26 Happy Thanksgiving!** Turkey & Stuffing Mashed Potatoes & Gravy Green Bean Casserole Pumpkin Pie	**27** Roast Beef with Gravy Mashed Potatoes Mixed Vegetables Peaches	**28** Goulash Steamed Broccoli Garlic Toast Fruit Cocktail
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
29 Meatloaf Baked Potato w/Cheese Sauce Roasted Corn Fruited Jello	**30** Fried Chicken Mashed Potatoes and Gravy Green Beans Mandarin Oranges					
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #

Please circle your preferred drinks:

Orange Juice Milk
Apple Juice Water
Cranberry Juice Coffee

MENU SUBJECT TO CHANGE

Resident Name: _____ Apt#: _____

Michigan House Senior Living
November 2026
DINNER 5:00 - 6:00

SUBSTITUTIONS: #1-Peanut Butter & Jelly Sandwich #2-Hamburger #3-Grilled Cheese Sandwich #4-Macaroni & Cheese #5-Turkey Sandwich #6-Bowl of Soup with Crackers #7-Beef Hot Dog #8-Grilled Chicken Sandwich

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Cheese Stuffed Shells Side Salad Garlic Toast Ice Cream Week3	**2** BBQ Beef Brisket Sandwich French Fries Cream Pie	**3** Turkey & Cheese Wrap Creamy Tomato Soup Cream Puffs	**4** Cheesy Macaroni Casserole Peas Dinner Roll Strudel Bites	**5** Beef Chili Cornbread Muffin Carrot Cake	**6** Italain Sub Sandwich Potato Salad Boston Cream Pie	**7** Cheeseburger Baked Beans Coleslaw Poundcake with Fruit Topping
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
8 Chicken Tenders with BBQ Sauce Potato Wedges Strudel Bites	**9** Beef Stew Buttermilk Biscuit Fruit Pie	**10** BBQ Chicken Sandwich French Fries Pineapple Upside Down Cake	**11** Sloppy Joes Tater Tots with Cheddar Cheese Sauce Pudding with Whipped Topping	**12** Chicken Stew Dinner Roll Peach Crisp	**13** Chicken Alfredo Steamed Broccoli Garlic Toast Mixed Fruit	**14** Meat Lasagna Mixed Vegetables Dinner Roll Cookies
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
15 Pepperoni Pizza Side Salad Ice Cream Sandwich	**16** Hamburger Potato Salad Cream Pie	**17** Chicken Salad Sandwich Vegetable Soup Pineapple Dream	**18** Breaded Chicken Sandwich Sweet Potato Tots Sherbet	**19** Boneless Chicken Wings with Chipotle Sauce Potato Hashbrown Fruit Pie	**20** White Cheddar Macaroni & Cheese Mixed Vegetables Katina's Banana Pudding	**21** Beef Hot Dog Baked Beans Coleslaw Lemon Meringue Pie
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
22 Scrambled Egg Casserole Toast with Jelly Orange Wedges	**23** Turkey & Cheese Hoagie Macaroni Salad Pickle Spear Red Velvet Cake	**24** Tuna Salad Sandwich Broccoli Cheese Soup Frosted Brownie	**25** Chicken Tenders with Honey Mustard Tater Tots Fruit Pie	**26** Beef Chili Cornbread Muffin Key Lime Pie **Dinner @ 4:00pm**	**27** Chicken Salad Croissant Tomato Basil Bisque Boston Cream Pie	**28** BBQ Beef Brisket Sandwich Red Skin Potatoes Yogurt Parfait
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
29 Pepperoni Pizza Side Salad Cream Pie	**30** Beef Hot Dog French Fries Coleslaw Cream Puffs					
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #

Please circle your preferred drinks:

Orange Juice Milk
Apple Juice Water
Cranberry Juice Coffee

MENU SUBJECT TO CHANGE