Resident Name: _____ Apt#: _____

# Michigan House Senior Living

## December 2026

## LUNCH 12:00 - 1:00

**SUBSTITUTIONS:** #1-Peanut Butter & Jelly Sandwich #2-Hamburger #3-Grilled Cheese Sandwich #4-Macaroni & Cheese #5-Turkey Sandwich #6-Bowl of Soup with Crackers #7-Beef Hot Dog #8-Grilled Chicken Sandwich

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
|   week 2 | | **1** Polish Sausage<br>Sauerkraut<br>Mashed Potatoes<br>Pineapple Tidbits | **2** Salisbury Steak w/Onion Gravy<br>O'Brien Potatoes<br>Carrots<br>Pudding | **3** Beef Tortellini with Marinara<br>Green Beans<br>Garlic Toast<br>Cinnamon Applesauce | **4** Butter Crumb Cod<br>Rice Pilaf<br>Normandy Blend Vegetables<br>Red Velvet Cake | **5** Sausage and Egg Casserole<br>English Muffin with Jelly<br>Orange Wedges |
| SUB # | SUB # | SUB # | SUB # | SUB # | SUB # | SUB # |
| **6** Breaded Chicken Breast<br>Au Gratin Potatoes<br>Green Peas<br>Cheesecake | **7** Beef Tips over Egg Noodles<br>Glazed Carrots<br>Dinner Roll<br>Tropical Fruit | **8** Stuffed Cabbage<br>Mashed Potatoes<br>California Veggies<br>Mandarin Oranges | **9** Chicken Kiev<br>Roasted Potatoes<br>Steamed Broccoli<br>Fruit Cocktail | **10** Beef Fritter with Brown Gravy<br>Scalloped Potatoes<br>Asparagus with Bacon<br>Pears | **11** Baked Salmon<br>Redskin Potatoes<br>Key West Vegetables<br>Cookies | **12** Rotini & Meatsauce<br>Green Beans<br>Dinner Roll<br>Lemon Meringue Pie |
| SUB # | SUB # | SUB # | SUB # | SUB # | SUB # | SUB # |
| **13** Turkey Pot Roast<br>Baked Sweet Potatoes<br>Peas<br>Cream Puffs | **14** Breaded Pork Cutlet w/Country Gravy<br>Mashed Potatoes<br>Carrots<br>Baked Apples | **15** Macaroni & Cheese<br>Stewed Tomatoes<br>Dinner Roll<br>Ice Cream Sandwich | **16** Chicken Breast<br>Roasted Potatoes<br>Brussel Sprouts w/Parmesan Cheese<br>Key Lime Pie | **17** Spaghetti & Meatballs<br>Italian Green Beans<br>Garlic Toast<br>Italian Ice | **18** Filet O' Fish Sandwich<br>French Fries<br>Coleslaw<br>Chocolate Eclairs | **19** Sweet & Sour Meatballs<br>White Rice<br>Oriental Veggies<br>Blushed Pears |
| SUB # | SUB # | SUB # | SUB # | SUB # | SUB # | SUB # |
| **20** Buttermilk Biscuit & Sausage Gravy<br>Scrambled Eggs<br>Orange Wedges | **21** Turkey Tetrazzini<br>Green Beans<br>Dinner Roll<br>Peaches | **22** Country Fried Steak w/Country Gravy<br>Mashed Potatoes<br>Corn<br>Tropical Fruit | **23** Swedish Meatballs<br>Buttered Egg Noodles<br>Carrots<br>Mandarin Oranges | **24** Meatloaf<br>Baked Potatoes<br>Mixed Vegetables<br>Fruited Jello | **25 Merry Christmas!** Baked Ham<br>Au Gratin Potatoes<br>Green Bean Casserole<br>Pumpkin Pie | **26 Kwanzaa Begins** Salisbury Steak<br>O'Brien Potatoes<br>Normandy Blend Vegetables<br>Pineapple Tidbits |
| SUB # | SUB # | SUB # | SUB # | SUB # | SUB # | SUB # |
| **27** Chicken Cordon Bleu<br>Mashed Sweet Potatoes<br>Mixed Veggies<br>Cheesecake | **28** Vegetable Lasagna<br>Italian Green Beans<br>Garlic Toast<br>Cookies | **29** BBQ Chicken Breast<br>Yellow Rice<br>Asparagus<br>Cinnamon Applesauce | **30** Glazed Ham Steak<br>Redskin Potatos<br>Key West Vegetables<br>Pears | **31** Pepper Steak<br>Egg Noodles<br>Peas & Carrots<br>Ice Cream | |  |
| SUB # | SUB # | SUB # | SUB # | SUB # | SUB # | SUB # |

**Please circle your preferred drinks:**

Orange Juice Milk
Apple Juice Water
Cranberry Juice Coffee

**MENU SUBJECT TO CHANGE**

Resident Name: _____ Apt#: _____

# Michigan House Senior Living

## December 2026

## DINNER 5:00 - 6:00

**SUBSTITUTIONS:** #1-Peanut Butter & Jelly Sandwich #2-Hamburger #3-Grilled Cheese Sandwich #4-Macaroni & Cheese #5-Turkey Sandwich #6-Bowl of Soup with Crackers #7-Beef Hot Dog #8-Grilled Chicken Sandwich

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
|  Week2 | | **1** Ham & Cheese Sliders<br>Chicken Noodle Soup<br>Chocolate Eclairs | **2** Sloppy Joes<br>Potato Hashbrown<br>Carrot Cake | **3** Chicken Sandwich<br>Tater Tots<br>Pineapple Dream | **4** Beef Stew<br>Dinner Roll<br>Fruit Pie | **5** Turkey Club Sandwich<br>Potato Chips<br>Cookies |
| SUB # | SUB # | SUB # | SUB # | SUB # | SUB # | SUB # |
| **6** Cheese Stuffed Shells<br>Side Salad<br>Garlic Toast<br>Ice Cream | **7** BBQ Beef Brisket Sandwich<br>French Fries<br>Cream Pie | **8** Turkey & Cheese Wrap<br>Creamy Tomato Soup<br>Pineapple Upside Down Cake | **9** Cheesy Macaroni Casserole<br>Peas<br>Dinner Roll<br>Strudel Bites | **10** Beef Chili<br>Cornbread Muffin<br>Carrot Cake | **11** Italian Sub Sandwich<br>Potato Salad<br>Boston Cream Pie | **12** Cheeseburger<br>Baked Beans<br>Pickle Spear<br>Poundcake with Fruit Topping |
| SUB # | SUB # | SUB # | SUB # | SUB # | SUB # | SUB # |
| **13** Chicken Tenders with BBQ Sauce<br>Potato Wedges<br>Frosted Brownie | **14** Beef Stew<br>Buttermilk Biscuit<br>Fruit Pie | **15** BBQ Chicken Sandwich<br>French Fries<br>Red Velvet Cake | **16** Sloppy Joes<br>Tater Tots with Cheddar Cheese Sauce<br>Pudding with Whipped Topping | **17** Chicken & Vegetable Stew<br>Dinner Roll<br>Peach Crisp | **18** Chicken Alfredo<br>Steamed Broccoli<br>Garlic Toast<br>Mixed Fruit | **19** Meat Lasagna<br>Mixed Vegetables<br>Dinner Roll<br>Cookies |
| SUB # | SUB # | SUB # | SUB # | SUB # | SUB # | SUB # |
| **20** Pepperoni Pizza<br>Side Salad<br>Ice Cream Sandwich | **21** Hamburger<br>Potato Salad<br>Pickle Spear<br>Cream Pie | **22** Chicken Salad Sandwich<br>Vegetable Soup<br>Pineappple Dream | **23** Breaded Chicken Sandwich<br>Sweet Potato Tots<br>Sherbet | **24 Christmas Eve!** Boneless Chicken Wings with Chipotle Sauce<br>Potato Hashbown<br>Fruit Pie | **25** White Cheddar Macaroni & Cheese<br>Mixed Vegetables<br>Pudding<br>**Dinner @ 4:00pm** | **26** Beef Hot Dog<br>Baked Beans<br>Coleslaw<br>Lemon Meringue Pie |
| SUB # | SUB # | SUB # | SUB # | SUB # | SUB # | SUB # |
| **27** Scrambled Egg Casserole<br>Toast with Jelly<br>Orange Wedges | **28** Turkey & Cheese Hoagie<br>Macaroni Salad<br>Pickle Spear<br>Red Velvet Cake | **29** Tuna Salad Sandwich<br>Broccoli Cheese Soup<br>Frosted Brownie | **30** Chicken Tenders with Honey Mustard<br>Tater Tots<br>Fruit Pie | **31 New Year's Eve!** Loaded Pizza<br>Side Salad<br>Chocolate Cream Pie | |  |
| SUB # | SUB # | SUB # | SUB # | SUB # | SUB # | SUB # |

**Please circle your preferred drinks:**

Orange Juice Milk
Apple Juice Water
Cranberry Juice Coffee

**MENU SUBJECT TO CHANGE**