

Resident Name: _____

Apt#: _____

Michigan House Senior Living

September 2026

DINNER 5:00 - 6:00

SUBSTITUTIONS: #1-Peanut Butter & Jelly Sandwich #2-Hamburger #3-Grilled Cheese Sandwich #4-Macaroni & Cheese #5-Turkey Sandwich #6-Bowl of Soup with Crackers #7-Beef Hot Dog #8-Grilled Chicken Sandwich

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Week 4		1 BBQ Chicken Sandwich French Fries Fresh Fruit	2 Sloppy Joes Tater Tots with Cheddar Cheese Sauce Pudding with Whipped Topping	3 Chicken Pot Pie Pie Crust Topping Dinner Roll Peach Crisp	4 Chicken Alfredo Steamed Broccoli Fruit Cocktail	5 Meat Lasagna Mixed Vegetables Garlic Bread Cookies
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
6 Pepperoni Pizza Side Salad Ice Cream Sandwich	7 Happy Labor Day! Hamburger Potato Salad Watermelon	8 Chicken Salad Sandwich Potato Chips Pineapple Dream	9 Breaded Chicken Sandwich Sweet Potato Tots Sherbet	10 Boneless Chicken Wings with Chipotle Sauce Potato Hashbrown Fruit Pie	11 Patriot Day Egg Salad Sandwich Pasta Salad Pudding with Whipped Topping	12 Beef Hot Dog Baked Beans Fresh Fruit
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
13 Grandparents Day! Scrambled Egg Casserole Toast with Jelly Orange Wedges	14 National Eat a Hoagie Day! Turkey & Cheese Hoagie Potato Chips Red Velvet Cake	15 Tuna Salad Sandwich Broccoli Cheese Soup Chocolate Brownie	16 Chicken Tenders with Honey Mustard Potato Wedges Blueberries <i>Amber's Salad</i>	17 Beef Chili Cornbread Muffin Key Lime Pie	18 National Cheeseburger Day! Cheeseburger Tater Tots Pudding with Whipped Topping	19 BBQ Beef Brisket Red Skin Potatoes Yogurt Parfait
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
20 National Pepperoni Pizza Day! Pepperoni Pizza Side Salad Cream Pie	21 Beef Hot Dog French Fries Cream Puffs	22 Ham & Cheese Sliders Chicken Noodle Soup Chocolate Eclairs	23 Sloppy Joes Potato Hashbrown Carrot Cake	24 Grilled Chicken Sandwich Tater Tots Pineapple Dream	25 Beef Stew Dinner Roll Fruit Pie	26 Turkey Club Sandwich Potato Chips Cookies
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
27 Cheese Stuffed Shells Side Salad Garlic Bread Ice Cream	28 National Strawberry Cream Pie Day! BBQ Beef Brisket French Fries Strawberry Cream Pie	29 Turkey & Cheese Wrap Vegetable Soup Cream Puffs	30 Cheesy Macaroni Casserole Peas Dinner Roll Strudel Bites			 PATRIOT DAY 9th SEPTEMBER
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #

Please circle your preferred drinks:

Orange Juice

Milk

Apple Juice

Water

Cranberry Juice

Coffee

MENU SUBJECT TO CHANGE

Resident Name: _____

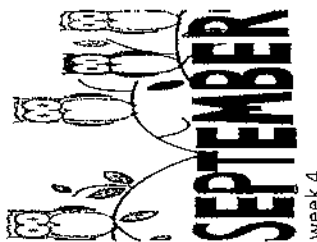
Apt#: _____

Michigan House Senior Living

September 2026

LUNCH 12:00 - 1:00

SUBSTITUTIONS: #1-Peanut Butter & Jelly Sandwich #2-Hamburger #3-Grilled Cheese Sandwich #4-Macaroni & Cheese #5-Turkey Sandwich #6-Bowl of Soup with Crackers #7-Beef Hot Dog #8-Grilled Chicken Sandwich

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Macaroni & Cheese Stewed Tomatoes Ice Cream Sandwich	2 Baked Chicken Breast Roasted Potatoes Brussel Sprouts Key Lime Pie	3 Spaghetti & Meatballs Italian Green Beans Garlic Bread Italian Ice	4 Filet O' Fish Sandwich French Fries Chocolate Eclairs	5 Sweet & Sour Chicken White Rice Oriental Vegetables Pears
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
6 Buttermilk Biscuit & Sausage Gravy Scrambled Eggs Orange Wedges	7 Happy Labor Day! Turkey Tetrazzini Green Beans Dinner Roll Peaches	8 Country Fried Steak w/Country Gravy Mashed Potatoes Corn Tropical Fruit	9 Swedish Meatballs Egg Noodles Carrots Eclairs	10 Meatloaf Baked Potato Mixed Vegetables Fruited Jello	11 Patriot Day Parmesan Tilapia Yellow Rice Brussel Sprouts Carrot Cake	12 Salisbury Steak O'Brien Potatoes California Veggies Pineapple Tidbits
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
13 Grandparents Day! Chicken Cordon Bleu Scallop Potatoes Mixed Veggies Cheesecake	14 Vegetable Lasagna Italian Green Beans Garlic Bread Cookies	15 BBQ Chicken Breast Tater Tots Asparagus Applesauce	16 Sweet & Sour Meatballs White Rice Oriental Vegetables Pears	17 Pepper Steak Egg Noodles Peas & Carrots Ice Cream	18 White Cheddar Macaroni & Cheese Mixed vegetables Peaches	19 Goulash Steamed Broccoli Garlic Bread Fruit Cocktail
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
20 Meatloaf Baked Potato Roasted Corn Fruited Jello	21 Fried Chicken Scalloped Potatoes Mixed Vegetables Mandarin Oranges	22 Autumns Begins! Polish Sausage Sauerkraut Mashed Potatoes Pineapple Tidbits	23 Salisbury Steak w/Onion Gravy O'Brien Potatoes Carrots Pudding	24 Beef Tortellini with Marinara Sauce Green Beans Garlic Bread Cinnamon Applesauce	25 Butter Crumb Cod Rice Pilaf Normandy Blend Vegetables Red Velvet Cake	26 Sausage & Egg Casserole English Muffin with Jelly Fresh Fruit
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
27 Breaded Chicken Breast Au Gratin Potatoes Green Peas Cheesecake	28 Beef Tips over Egg Noodles Glazed Carrots Tropical Fruit	29 Stuffed Cabbage Mashed Potatoes California Veggies Mandarin Oranges	30 Chicken Kiev Roasted Potatoes Steamed Broccoli Fruit Cocktail			
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #

Please circle your preferred drinks:

Orange Juice
Apple Juice
Cranberry Juice

Milk
Water
Coffee

MENU SUBJECT TO CHANGE