

Resident Name: _____

Apt#: _____

Michigan House Senior Living

October 2026

DINNER 5:00 - 6:00

SUBSTITUTIONS: #1-Peanut Butter & Jelly Sandwich #2-Hamburger #3-Grilled Cheese Sandwich #4-Macaroni & Cheese
#5-Turkey Sandwich #6-Bowl of Soup with Crackers #7-Beef Hot Dog #8-Grilled Chicken Sandwich

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Beef Chili Cornbread Muffin Carrot Cake	2 Italain Sub Sandwich Potato Chips Boston Cream Pie	3 Cheeseburger Baked Beans Poundcake with Fruit Topping
Week3						
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
4 Chicken Tenders with Honey Mustard Potato Wedges Strudel Bites	5 Beef Stew Buttermilk Biscuit Fruit Pie	6 BBQ Chicken Sandwich French Fries Frosted Brownie	7 Sloppy Joes Tater Tots with Cheddar Cheese Sauce Pudding with Whipped Topping	8 Chicken Pot Pie Pie Crust Topping Dinner Roll Peach Crisp	9 Chicken Alfredo Steamed Broccoli Fruit Cocktail	10 Meat Lasagna Mixed Vegetables Dinner Roll Cookies
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
11 Pepperoni Pizza Side Salad Ice Cream Sandwich	12 Columbus Day! Hamburger French Fries Cream Pie	13 Chicken Salad Sandwich Potato Chips Pineapple Dream	14 Breaded Chicken Sandwich Sweet Potato Tots Sherbet	15 Boneless Chicken Wings with Chipotle Sauce Potato Hashbrown Fruit Pie	16 Stuffed Peppers Mashed Potatoes Corn Pudding	17 Beef Hot Dog Baked Beans Lemon Meringue Pie
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
18 Scrambled Egg Casserole Toast with Jelly Orange Wedges	19 Turkey & Cheese Hoagie Potato Chips Red Velvet Cake	20 Tuna Salad Sandwich Broccoli Cheese Soup Frosted Brownie	21 National Apple Day! Chicken Tenders with Honey Mustard Potato Wedges Apple Pie	22 Beef Chili Cornbread Muffin Key Lime Pie	23 National Boston Cream Pie Day! Chicken Salad Croissant Tomato Basil Bisque Boston C ream Pie	24 BBQ Beef Brisket Sandwich Red Skin Potatoes Yogurt Parfait
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
25 Pepperoni Pizza Side Salad Cream Pie	26 Beef Hot Dog French Fries Cream Puffs	27 Ham & Cheese Sliders Chicken Noodle Soup Eclairs	28 Sloppy Joes Potato Hashbrown Carrot Cake	29 Grilled Chicken Sandwich Tater Tots Pineapple Dream	30 Beef Stew Dinner Roll Fruit Pie	31 Happy Halloween! Turkey Club Sandwich Potato Chips Cookies
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #

Please circle your preferred drinks:

Orange Juice

Apple Juice

Cranberry Juice

Milk

Water

Coffee

MENU SUBJECT TO CHANGE

Resident Name: _____

Apt#: _____

Michigan House Senior Living

October 2026

LUNCH 12:00 - 1:00

SUBSTITUTIONS: #1-Peanut Butter & Jelly Sandwich #2-Hamburger #3-Grilled Cheese Sandwich #4-Macaroni & Cheese
#5-Turkey Sandwich #6-Bowl of Soup with Crackers #7-Beef Hot Dog #8-Grilled Chicken Sandwich

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 week 3				1 Beef Fritter with Brown Gravy Scalloped Potatoes Asparagus Pears	2 Baked Salmon Redskin Potatoes Key West Vegetables Cookies	3 Rotini & Meatsauce Green Beans Garlic Bread Lemon Meringue Pie
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
4 Turkey Pot Roast Baked Sweet Potatoes Peas Cream Puffs	5 Breaded Pork Cutlet w/Country Gravy Mashed Potatoes Carrots Peaches	6 National Noodle Day! Macaroni & Cheese Stewed Tomatoes Ice Cream Sandwich	7 Baked Chicken Breast Roasted Potatoes Brussel Sprouts Key Lime Pie	8 Spaghetti & Meatballs Italian Green Beans Garlic Bread Italian Ice	9 Filet O’ Fish Sandwich French Fries Chocolate Eclairs	10 Sweet & Sour Chicken White Rice Oriental Veggies Pears
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
11 Buttermilk Biscuit & Sausage Gravy Scrambled Eggs Orange Wedges	12 Columbus Day! Turkey Tetrazzini Green Beans Dinner Roll Peaches	13 Country Fried Steak w/Country Gravy Mashed Potatoes Corn Tropical Fruit	14 Swedish Meatballs Egg Noodles Carrots Mandarin Oranges	15 Meatloaf Baked Potato Mixed Vegetables Fruited Jello	16 Parmesan Tilapia Yellow Rice Brussel Sprouts Carrot Cake	17 Salisbury Steak O’Brien Potatoes California Veggies Pineapple Tidbits
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
18 Chicken Cordon Bleu Scalloped Potatoes Mixed Veggies Cheesecake	19 Vegetable Lasagna Italian Green Beans Garlic Bread Cookies	20 BBQ Chicken Breast Tater Tots Asparagus Applesauce	21 Sweet & Sour Meatballs White Rice Oriental Vegetables Pears	22 Pepper Steak Egg Noodles Peas & Carrots Ice Cream	23 White Cheddar Macaroni & Cheese Mixed Vegetables Peaches	24 Halloween Party at 1:30pm! Goulash Steamed Broccoli Garlic Bread Fruit Cocktail
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
25 Meatloaf Baked Potato Roasted Corn Fruited Jello	26 Fried Chicken Scalloped Potatoes Mixed Vegetables Mandarin Oranges	27 Polish Sausage Sauerkraut Mashed Potatoes Pineapple Tidbits	28 Salisbury Steak w/Onion Gravy O’Brien Potatoes Carrots Pudding	29 Beef Tortellini with Marinara Green Beans Garlic Bread Cinnamon Applesauce	30 Butter Crumb Cod Rice Pilaf Normandy Blend Vegetables Red Velvet Cake	31 Happy Halloween! Sausage & Egg Casserole English Muffin with Jelly Orange Wedges
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #

Please circle your preferred drinks:

- Orange Juice
- Apple Juice
- Cranberry Juice
- Milk
- Water
- Coffee

MENU SUBJECT TO CHANGE