

Resident Name: _____



Apt#: _____

Michigan House Senior Living

July 2026

LUNCH 12:00 - 1:00

SUBSTITUTIONS: #1-Peanut Butter & Jelly Sandwich #2-Hamburger #3-Grilled Cheese Sandwich #4-Macaroni & Cheese #5-Turkey Sandwich #6-Bowl of Soup with Crackers #7-Beef Hot Dog #8-Grilled Chicken Sandwich

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 week 5			1 Swedish Meatballs Egg Noodles Carrots Eclairs	2 Meatloaf Baked Potato Mixed Vegetables Fruited Jello	3 Parmesan Tilapia Yellow Rice Brussel Sprouts Carrot Cake	4 Happy 4th of July! Salisbury Steak O'Brien Potatoes California Veggies Pineapple Tidbits
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
5 Chicken Cordon Bleu Scallop Potatoes Mixed Veggies Cheesecake	6 Vegetable Lasagna Italian Green Beans Garlic Bread Cookies	7 BBQ Chicken Breast Tater Tots Asparagus Applesauce	8 Sweet & Sour Meatballs White Rice Oriental Vegetables Pears	9 Pepper Steak Egg Noodles Peas & Carrots Ice Cream	10 White Cheddar Macaroni & Cheese Mixed Vegetables Peaches	11 Goulash Steamed Broccoli Garlic Bread Fruit Cocktail
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
12 Meatloaf Baked Potato Roasted Corn Fruited Jello	13 Fried Chicken Scalloped Potatoes Mixed vegetables Mandarin Oranges	14 Polish Sausage Sauerkraut Mashed Potatoes Pineapple Tidbits	15 Salisbury Steak w/Onion Gravy O'Brien Potatoes Carrots Pudding	16 Beef Tortellini with Marinara Sauce Green Beans Garlic Bread Applesauce	17 Butter Crumb Cod Rice Pilaf Normandy Blend Vegetables Red Velvet Cake	18 Sausage & Egg Casserole English Muffin with Jelly Fresh Fruit
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
19 Breaded Chicken Breast Au Gratin Potatoes Green Peas Cheesecake	20 Beef Tips over Egg Noodles Glazed Carrots Tropical Fruit	21 Stuffed Cabbage Mashed Potatoes California Veggies Mandarin Oranges	22 Chicken Kiev Roasted Potatoes Steamed Broccoli Fruit Cocktail	23 Beef Fritter with Brown Gravy Scalloped Potatoes Asparagus Pears	24 Stuffed Peppers Mashed Potatoes Corn Fresh Fruit	25 Rotini & Meatsauce Green Beans Garlic Bread Lemon Meringue Pie
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
26 Turkey Pot Roast Sweet Potatoes Peas Cream Puffs	27 Breaded Pork Cutlet w/Country Gravy Mashed Potatoes Carrots Peaches	28 Macarini & Cheese Stewed Tomatoes Ice Cream Sandwich	29 Baked Chicken Breast Roasted Potatoes Brussel Sprouts Key Lime Pie	30 Spaghetti & Meatballs Italian Green Beans Garlic Bread Italian Ice	31 Filet O' Fish Sandwich French Fries Chocolate Eclairs	Aug 1 Sweet & Sour Chicken White Rice Oriental Veggies Pears
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #

Please circle your preferred drinks:

- Orange Juice Milk
- Apple Juice Water
- Cranberry Juice Coffee

MENU SUBJECT TO CHANGE

Resident Name: _____



Apt#: _____

Michigan House Senior Living

July 2026

DINNER 5:00 - 6:00

SUBSTITUTIONS: #1-Peanut Butter & Jelly Sandwich #2-Hamburger #3-Grilled Cheese Sandwich #4-Macaroni & Cheese #5-Turkey Sandwich #6-Bowl of Soup with Crackers #7-Beef Hot Dog #8-Grilled Chicken Sandwich

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Week 5			1 Breaded Chicken Sandwich Sweet Potato Tots Sherbet	2 Boneless Chicken Wings with Chipotle Sauce Potato Hashbrown Fruit Pie	3 Egg Salad Sandwich Pasta Salad Pudding with Whipped Topping	4 Happy 4th of July! Grilled Hot Dog Potato Salad Watermelon
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
5 Scrambled Egg Casserole Toast with Jelly Orange Wedges	6 Cheeseburger French Fries Red Velvet Cake	7 National Chocolate Day! Tuna Salad Sandwich Broccoli Cheese Soup Chocolate Brownie	8 National Blueberry Day! Chicken Tenders with Honey Mustard Potato Wedges Blueberries	9 Beef Chili Cornbread Muffin Key Lime Pie	10 Chicken Salad Croissant Tomato Basil Soup Pudding with Whipped Topping	11 BBQ Beef Brisket Potato Hashbrown Yogurt Parfait
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
12 National Pecan Pie Day! Pepperoni Pizza Side Salad Pecan Pie	13 National French Fries Day! Hamburger French Fries Cream Pie	14 Ham & Cheese Sliders Chicken Noodle Soup Chocolate Eclairs	15 Sloppy Joes Potato Hashbrown Carrot Cake	16 Grilled Chicken Sandwich Tater Tots Pineapple Dream	17 Beef Stew Dinner Roll Fruit Pie	18 Turkey Club Sandwich Potato Chips Cookies
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
19 National Ice Cream Day! Cheese Stuffed Shells Side Salad Garlic Bread Ice Cream	20 Cheeseburger Baked Beans Cream Pie	21 Turkey & Cheese Wrap Vegetable Soup Chocolate Eclairs	22 Cheesy Macaroni Casserole Peas Dinner Roll Strudel Bites	23 Beef Chili Cornbread Muffin Carrot Cake	24 Italian Sub Sandwich Macaroni Salad Boston Cream Pie	25 National Chili Dog Day! Chili Dog French Fries Poundcake with Fruit Topping
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #
26 Chicken Tenders with Honey Mustard Potato Wedges Strudel Bites	27 Beef Stew Buttermilk Biscuit Fruit Pie	28 BBQ Chicken Sandwich French Fries Fresh Fruit	29 Sloppy Joes Tater Tots with Cheese Dipping Sauce Pudding with Whipped Topping	30 Chicken Pot Pie Pie Crust Topping Dinner Roll Peach Crisp	31 Chicken Alfredo Steamed Broccoli Fruit Cocktail	Aug 1 Meat Lasagna Mixed Vegetables Garlic Bread Cookies
SUB #	SUB #	SUB #	SUB #	SUB #	SUB #	SUB #

Please circle your preferred drinks:

- Orange Juice
- Apple Juice
- Cranberry Juice
- Milk
- Water
- Coffee

MENU SUBJECT TO CHANGE