July 2026

"July whispers: take a breath, take a leap, take charge"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 – Daily Chronicle 10:30 – Ping Pong 2:00 – Umbrella Toss 3:00 – 1:1 visits Canada Day	**2** 10:00 – St Cyprian Service 10:30 – Coffee Social 2:00 – **Big Bingo w/ Parfaits**	**Sue's Birthday** **3** 10:00 – Chair Exercise 10:30 – Cornhole 2:00 – Bus Trip	**Happy 4th of July!** **4** 10:00 – Morning Stretching 10:30 – Bean Bag Toss 2:00 – **Craft time:** Toilet Paper Roll Fireworks 3:00 – Goldfish Independence Day (U.S.)
5 10:00 – Daily Chronicle & Coffee 10:30 – Drop Cup! 2:00 – **Craft time:** Cardboard Star Streamers 3:00 – **Bingo**	**6** 10:00 – Chair Exercise 10:30 – Balloon Toss 2:00 – Pinball Game 3:00 – 1:1 visits	**7** 10:00 – Chair Exercise 10:30 – Ring Toss 1:00 – **Golden Years Boutique**	**8** 10:00 – **Exercise w/ Becky** 10:30 – Daily Chronicle 2:00 – **New Game:** Swing the Ball 3:00 – 1:1 visits National Freezer Pop Day	**9** 10:00 – St Cyprian Service 10:30 – Coffee Social 2:00 – Shuffleboard 3:00 – **Bingo**	**10** 10:00 – Chair Exercise 10:30 – Hula Hoop Basketball 2:00 – Bus Trip National Pina Colada Day	**Caryle's Birthday** **11** 10:00 – Morning Stretching 10:30 – Bucket Ball 2:00 – **Movie Matinee: Beethoven**
12 10:00 – Daily Chronicle & Coffee 10:30 – LRC Dice Game 1:00 – Nail Day 3:00 – **Bingo**	**13** 10:00 – Chair Exercise 10:30 – Bean Bag Toss 2:00 – Afternoon Word Puzzles	**14** 10:00 – Chair Exercise 10:30 – Bucket Ball 2:00 – Umbrella Toss 3:00 – **Bingo** Bastille Day	**15** 10:00 – Daily Chronicle 10:30 – Drop Cup! 2:00 – **Christmas in July Party w/ Entertainment**	**Hot Breakfast Day!** **16** 10:00 – St Cyprian Service 10:30 – Coffee Social 2:00 – Game of Choice 3:00 – **Bingo**	**17** 10:00 – Chair Exercise 10:30 – Ring Toss 2:00 – Bus Trip	**18** 10:00 – Morning Stretching 10:30 – Balloon Toss 2:00 – Coloring Therapy
19 10:00 – Daily Chronicle & Coffee 10:30 – Higher or Lower 2:00 – Afternoon Word Puzzles	**20** 10:00 – Chair Exercise 10:30 – Toss Game 2:00 – **Making Sweets w/ Dora** 3:00 – 1:1 visits	**21** 10:00 – Chair Exercise 10:30 – Ring Toss 2:00 – Pinball Game 3:00 – **Bingo**	**22** 10:00 – Daily Chronicle 10:30 – Rolling the Dice 2:00 – **Craft time:** Tin Punch Door Decor 3:00 – 1:1 visits	**23** 10:00 – St Cyprian Service 10:30 – Coffee Social 2:00 – **Birthday Social w/ Live Music (Jacob)** National Vanilla Ice Cream Day	**24** 10:00 – Chair Exercise 10:30 – Bean Bag Toss 2:00 – Bus Trip	**25** 10:00 – Morning Stretching 10:30 – Cornhole 2:00 – **Movie Matinee: Lyle, Lyle, Crocodile**
26 10:00 – Daily Chronicle & Coffee 10:30 – Snakes & Ladders 1:00 – Nail Day 3:00 – **Bingo**	**27** 10:00 – Chair Exercise 10:30 – Cornhole 2:00 – **New Game:** High Striker 3:00 – 1:1 visits	**Elide's Birthday** **28** 10:00 – Chair Exercise 10:30 – Balloon Toss 2:00 – Knock the Cups! 3:00 – **Bingo**	**29** 10:00 – Daily Chronicle 10:30 – LRC Dice Game 2:00 – **Craft time:** Bird Houses 3:00 – 1:1 visits	**30** 10:00 – St Cyprian Service 10:30 – Coffee Social 4:00p -7:00p –**CARNIVAL!**	**31** 10:00 – Chair Exercise 10:30 – Toss Game 2:00 – Bus Trip	**Hello Summer!**

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