Kitchen	Staff	review	all	dietary	cline	vlich	for si	necial	diatc
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Michigan House Senior Living

Name:	/ Apt#:	

April 2019

DINNER 12:00 - 1:00

SUBSTITUTIONS: #1: Hamburger on Bun #2: Dinner Salad #3: Egg Salad Sandwich #4: Macaroni and Cheese

	#1: Hamburger o					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Chicken & Dumplings	2 Stuffed Shells with Meat Sauce	3 Pepper Steak over Rice	4 - Bacon Wrapped Meatloaf	5 Baked Fish OR Hot Dog	Chicken Kiev Au Gratin
	California Blend	Green Beans	Broccoli	Mashed Potatoes & Gravy	French Fries	Potatoes
	Veggies	Garlic Bread	Mandarin Oranges	Carrots	Peas	Key West Veggies
	Orange Slices	Pears		Pears	Grapes	Fresh Fruit Mix
SUB#	SUB#	SUB#	SUB#	SUB#	SUB#	SUB#
7 Lasagna	8 Beef Pot Pies	9 Baked Chicken	10 Breaded Pork Chops	11 Chicken Scampi	12 - Shrimp Sampler	Sweet and Sour Chicken over Rice
Garlic Bread	Side Salad	Rice Pilaf	Sweet Potatoes	Angel Pasta	Au Gratin Potatoes	Egg Roll
Green Beans	Fruit Cocktail	Wax Beans	Green Beans	Carrots	Coleslaw	Oriental Veggies
Cream Pie		Grapes		Peaches	Strawberries	
SUB#	SUB#	SUB#	SUB#	SUB#	SUB#	SUB#
14	15	16	17	18	19	20
BBQ Ribs	Swiss Steak	Baked Turkey	Beef Broccoli Stir Fry over Rice	Porcupine Meatballs in	Salmon Patty's	Breaded Chicken
Truck Stop Potatoes	Mashed Potatoes & Gravy	Cheesy Potato	Cottage Cheese	Brown Gravy	Tater Tots	Couscous
Green Beans	Creamed Corn	Carrots	and Mandarin Oranges	Mashed Potatoes	Cream Peas	Carrots
Fruit Pie	Pineapples	Fruit Cocktail		Key West Veggies	Pears	Jell-O
				Pears		
SUB #	SUB #	SUB#	SUB#	SUB#	SUB #	SUB#
21 -	22	23	24	25	26	27
Breakfast Bake	Stuffed Peppers	Chicken Cordon Bleu	Mostaccioli with Meat Sauce	Smoked Sausage Casserole	Sweet and Sour Pork over Rice	Pot Roast
Donuts	Mashed Potatoes	Wild Rice	Side Salad	Coleslaw	Oriental Veggies	Mashed Potatoes & Gravy
	Peas Applesauce with Cinnamon	Baked Squash	Grapes	Peaches	Strawberries	Carrots
SUB#	SUB #	SUB#	SUB#	SUB#	SUB #	SUB#
28 Fried Chicken	29 Swedish Meatballs over	30 Baked Turkey	-2		A.	1
Mashed Potatoes & Gravy	Noodles	Stuffing with Gravy			& Section Sect	
Corn on the Cob	Caribbean Blend Veggies	Carrots Cranberry Sauce				
Fruit Pie	Fresh Pineapple and Grapes	Pears		9		
SUB#	SUB#	SUB#	SUB#	SUB#	SUB#	SUB#

Please circle your preferred drinks:

Orange Juice Iced Tea Apple Juice Cranberry Juice Coffee Water Fruit Punch/Lemonade

Milk



